



Middlesex Gymnastics Academy

33 McGuire Street
East Brunswick, NJ 08816
(732) 249-6422



The 2011-2012 gymnastics season marks Middlesex Gymnastics Academy's 33rd anniversary. MGA is both pleased and proud to have served area families over this period and we look forward to the coming season.

We take great pride in our outstanding recreational class program, where we carefully organize students into classes by age and experience. Our goal is for all students to have fun and experience success. The classes are instructed by our USAG safety-certified staff.

GYMNASTICS CLASSES GIRLS CLASSES & BOYS CLASSES

(organized by age & experience;
girls and boys in separate classes)

Monday thru Friday:

4:10-5:10 PM
5:20-6:20 PM
6:30-7:30 PM
7:35-8:35 PM

Saturday:

10:00-11:00 AM
11:10 AM-12:10 PM
12:20-1:20 PM
1:30-2:30 PM

2-HOUR GYMNASTICS CLASSES FOR GIRLS

Monday thru Friday:

4:15-6:15 PM

Tuesday & Thursday

6:30-8:30 PM

TUMBLING & TRAMPOLINE FOR BOYS & GIRLS (may be co-ed)

Mon thru Fri: 4:10-5:10 PM
5:20-6:20 PM
6:30-7:30 PM
7:35-8:35 PM

Saturday: 11:10 AM-12:10 PM
12:20-1:20 PM

NJ KIDFIT

(ages 14-40 months;
45 minute parent/child classes)

Monday:

9:30 AM 14-22 mos.
10:20 AM 30-40 mos.
11:10 AM 20-32 mos.

Tuesday:

9:30 AM 14-22 mos.
10:20 AM 20-32 mos.
11:10 AM 30-40 mos.

Wednesday:

9:30 AM 30-40 mos.
10:20 AM 14-22 mos.
11:10 AM 20-32 mos.

Thursday:

9:30 AM 20-32 mos.
10:20 AM 14-22 mos.
11:10 AM 30-40 mos.

Friday:

9:30 AM 30-40 mos.
10:20 AM 14-22 mos.
11:10 AM 20-32 mos.

Saturday:

9:30 AM 14-22 mos.
10:25 AM 20-32 mos.
11:20 AM 30-40 mos.

PRE-SCHOOL GYMNASTICS CLASSES (may be co-ed)

Children are grouped as closely as possible by age. 4 & 5 yr. olds usually are placed in different groups.

Monday:

9:30-10:30 AM (4-5)
10:40-11:25 AM (2½-4)

Tuesday & Wednesday:

9:30-10:30 AM (4-5)
10:40-11:25 AM (2½-4)
1:30-2:15 PM (2½-4)
1:30-2:30 PM (4-5)

Thursday & Friday:

9:30-10:15 AM (2½-4)
10:25-11:25 AM (4-5)
1:30-2:15 PM (2½-4)
1:30-2:30 PM (4-5)

Monday thru Friday:

4:10-5:10 PM (4-5)
5:20-6:20 PM (4-5)
6:30-7:30 PM (4-5)

Saturday:

9:00-9:45 AM (2½-4)
9:00-10:00 AM (4-5)
10:00-11:00 AM (4-5)
11:10 AM-12:10 PM (4-5)
12:20-1:20 PM (4-5)
1:30-2:15 PM (2½-4)
1:30-2:30 PM (4-5)

***PLEASE NOTE: 45 minute classes for ages 2½-4 will be scheduled for 4:10, 5:20, & 6:30 Mon-Fri based on requests.**

RHYTHMIC CLASSES

Mon thru Fri: 4:10-5:10 PM
Mon & Wed: 5:20-6:20 PM
Mon & Wed: 6:30-7:30 PM
Saturday: 10:00-11:00 AM

**COMBINATION CLASSES
GYMNASTICS/CLIMBING**

Mon thru Fri: 4:10-6:20 PM
5:20-7:30 PM
Saturday: 10:00 AM-12:10 PM

****Each class is 1 hour of gymnastics or tumbling/trampoline AND 1 hour of climbing.**

**YOUTH CLIMBING
FOR BOYS & GIRLS (ages 6-14)**

Mon thru Fri:
4:10-5:10 PM
5:20-6:20 PM
6:30-7:30 PM

Saturday:
10:00-11:00 AM
11:10 AM-12:10 PM
12:20-1:20 PM

GYMNASTICS DANCE

Monday: 5:20-6:20 PM (ages 9-up)
6:30-7:30 PM (ages 5-8)
7:35-8:35 PM (ages 9-up)
Tuesday: 4:10-5:10 PM (ages 5-8)
Thursday: 4:10-5:10 PM (ages 9-up)
Friday: 4:10-5:10 PM (ages 9-up)
5:20-6:20 PM (ages 5-8)
Saturday: 10:00-11:00 AM (ages 5-8)
10:00-11:00 AM (9-up)

CLIMBING TECHNIQUE

(for experienced boys & girls ages 10-up)

Mon thru Friday: 6:30-7:45 PM

ADULT WOMEN'S GYMNASTICS

Tuesday: 7:30-9:00 PM

For all levels
(same fee as hourly classes, no make-ups)

BIRTHDAY PARTIES

MGA now conducts an expanded variety of party programs including: Fun and Games Gymnastics; Pre-School; KIDFIT; & Gymnastics Mini-Lessons.

During the last few seasons, members of our competition teams had unprecedented successes in various NJ State competitions. They won individual State Championships and honors in three major USA Gymnastics (USAG) Junior Olympic programs: Girls, Boys, and Girls Rhythmic. Middlesex Gymnastics is the only professional school in New Jersey to achieve this success in three disciplines of USAG sanctioned competition. MGA was also recently recognized by USAG as one of the top schools in New Jersey for girls gymnastics.

MGA TEAM PROGRAMS: Girls USAG, Boys USAG, USAG trampoline for girls and boys, Girls USAG rhythmic gymnastics, Jersey Optional Gymnastics Association (JOGA), Pre-JOGA for girls, and All-Star Cheerleading
****Students must be evaluated for team placement; check at the front desk to schedule an evaluation.**

TUITION FOR GYMNASTICS AND OTHER PROGRAMS

Tuition is paid monthly except for KIDFIT and YOUTH CLIMBING programs

TYPE/CLASS	RATE/LESSON	2 nd CHILD	3 rd CHILD
1X per week Gymnastics, Rhythmic, Tumbling & Trampoline	\$17.00	\$16.00	\$15.00
1X per week 45 minute pre-school	\$16.50	\$15.50	\$14.50
2-Hour Classes & Combination (Gym/Climbing)	\$30.60	\$28.80	\$27.00
NJ KIDFIT (parent/child)	\$14.00	\$13.00	\$12.00
• Paid by 8 or 9 week session (e.g. \$112 for 8 week session)			
Youth Climbing	\$17.00	\$16.00	\$15.00
• Paid by 8 or 9 week session (e.g. \$136 for 8 week session)			
Climbing Technique	\$21.00	\$20.00	\$19.00

TUITION DISCOUNTS: There is \$1.00 off per lesson for 2nd child; \$2.00 off per lesson for 3rd child.

ADDITIONAL TUITION DISCOUNTS:

- 1) 20% discount for each additional lesson;
- 2) 10% off for 5 month payment in advance;
- 3) 15% off for 10 month payment in advance

****There is a \$35 insurance and registration fee for all gymnastics, tumbling/trampoline and climbing programs, or \$25 fee for KIDFIT classes. All insurance/registration fees are good for 12 months from the date of payment.**